

Posted on February 1, 2023



Our Woodstock Residential Care Home residents celebrated Australia Day (26 January) last week.

We held a **themed photoshoot** where they got to wear a fun Australian hat and have a cuddle with **Joey the kangaroo** and **Simon the snake**! This all brought a smile to everyone's faces and sparked conversations about different holidays and native animals.

In the afternoon **we made rain sticks using tubes, paint and glitter**. We looked at pictures of Aboriginal rain sticks for inspiration and used different techniques to paint patterns and give different textures. Everyone got so creative and it was very therapeutic.

We **put rice and dried lentils in the tubes** and went around our Home making soothing and **relaxing rain noises**.

We look forward to coming up with new ways to celebrate Australia Day each year.





