

Posted on May 11, 2023



Our residents at Woodstock Residential Care Home took part in a colouring and still life drawing session this week.

Some of our ladies captured the **beauty of a vase of flowers**, whilst others enjoyed **colouring in some beautiful pictures**; the group used pencils and water colours.

This is a lovely way to get together as a group and **express our love of art** in different ways, offering some **relaxing mindfulness**.

We all enjoyed a lovely cup of tea and chat afterwards and admired our creations!