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Last week, a group of our Woodstock Residential Care Home residents enjoyed an arts and crafts session lead by Jayne from the Creative Minds Group.

We had a therapeutic session as we created some **gorgeous bird scenes**.

Everyone started off by tearing **colourful tissue paper** into strips and gluing them down onto A4 sheets of paper. We used our favourite colours to mimic sunsets and to create colourful backgrounds.

Next we used a sponge and **different bird stencils** and dabbed paint into the stencils to create a bird silhouette.

We enjoyed chatting about our **memories of art class in school** and our resident artist enjoyed chatting about her artworks. She is looking forward to the next session working with clay!

It's so special to have a **connection to the art community** and it is a lovely way to bring out our creativity.



We are thrilled with our colourful masterpieces!