

Posted on December 1, 2021



On Monday 29 December we came together at Woodstock Residential Care Home for a festive arts session with Jayne from Creative Minds.

Creative Minds is a passionate community of artists who deliver fun and therapeutic art sessions to care homes and day centres across the country. Their artists enable older people to explore their creativity using a variety art materials and mediums across visual art, craft and sculpture.

As we are beginning to get into the spirit of Christmas at **Woodstock**, we got creative making **snowflakes and icicles** to hang as decorations around our **Home**.

We began by using a wooden cut-out snowflake template which we then wrapped in icy blue pieces of string and wool, in a variety of thicknesses and patterns. We then added some sparkle, with lots of **sequins** and **glitter**.

Everyone enjoyed seeing their creations take shape and we had lots of compliments about our beautiful finished decorations.

We also enjoyed having a chat about **Christmas traditions** during the session – *what a festive gathering!*