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**Residents at Woodstock Residential Care Home took part in two activities yesterday afternoon (Monday 7 November); we played armchair golf and a fishing game.**

While stimulating our brains, these fun games also help our residents to concentrate on what they are doing and get everyone using their hand to eye coordination. This is very important for our ladies and gentlemen, especially those who are living with Dementia.



Our residents helped add up their scores and we even have a bit of a competition going to see who can score the highest!