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Residents at at Woodstock Residential Care Home love playing the giant balloon game – this is one of our favourites – we always have lots of laughs and fun with this game!

Using two brightly coloured [Daily Sparkle](#) balloons, we hit them to each other and watch them bounce around the room. With the aim of the game being to keep the balloon off the floor, it's not only fun but also provides mental and physical stimulation.

