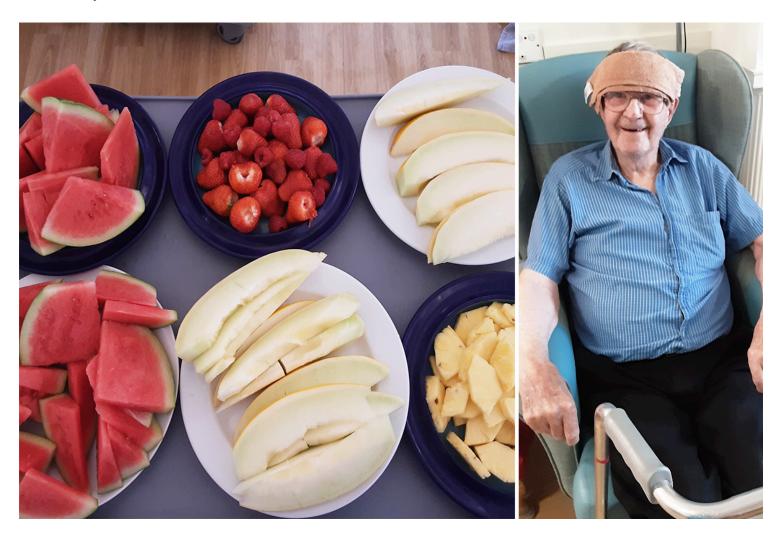


Woodstock Care Home

Posted on July 25, 2022



On Thursday 21 July, our residents at Woodstock Residential Care Home were keeping cool in the warm weather.

We served delicious **fresh fruit** to keep everyone hydrated; our ladies and gents enjoyed eating **melon**, **watermelon**, **pineapple**, **strawberries** and **raspberries**. *Yum!*

They also put their feet in bowls of **cool water** and used **cold flannels** for their heads – a new take on 'chill out time'!



Woodstock Care Home



Keeping hydrated and cool in the warm weather