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Last week our residents at Woodstock Residential Care Home got together for our Knit and Natter Club to create some gorgeous pom-poms.

We **cut out cardboard into discs** and cut out a hole in the middle for our template. We then all chose the colours we wanted our pom-poms to be and started **winding the wool** around from the middle to the outer section of the cardboard. We enjoyed chatting to each other about our memories of knitting and sang along to some **background music** from 'The Sound of Music'.

We continued to wrap wool and add different colours on top to add to our design. This was a popular activity and was a lovely **relaxing way to get together and create something beautiful**. It was also very good for our concentration, focus and hand-eye coordination.

To finish, we carefully cut around the wool and pulled it all together to create our pom-poms – *we gave them a trim and they looked amazing!*

Everyone enjoyed a lovely cup of tea and cake afterwards and admired all of our designs.

