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Our residents at Woodstock Residential Care Home always love a sing and dance along to music, and having live entertainment at our Home always adds to the smiles!

Over the last few weeks we have had a visit from **singer Fred** and **singer Rob T**, and both singers had our residents and team members on their feet dancing the day away!

Both Fred and Rob choose a mixture of **classic upbeat songs** they know our residents love and they perform brilliantly.

Dancing and singing is a great way to support physical and mental well-being and our ladies and gents always ask when the next live singer is going to be in.

Music is also an amazing way to **reminisce**, with everyone chatting about their favourite music and the dances they used to go to.