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Our ladies at Woodstock Residential Care Home thoroughly enjoyed a pamper day experience last week, complete with lovely foot massages and a foot spa.

The treatments provide a perfect way to unwind – and the good news is that our ladies and gents don't have to go to a salon when our Recreation and Well-Being team brings the pampering directly to them!

This is just one of the **pamper sessions** we are offering at **Woodstock**, which is going down a treat. A lovely way to make our residents feel relaxed and special in one!

Pebble painting

Our ladies and gents were busy over a few days last week painting pebbles in bright coloured designs. Pebble painting has become a popular pastime and it was fun creating our very own 'Woodstock Care Home' creations!

Our staff are going to hide them in our community for children to find – *let's see how far our pebbles go!*

