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Our residents at Woodstock Residential Care Home enjoyed getting their hands dirty planting seeds this week.

We planted a few seeds in each of our containers, gently pushing the seeds into the soil and then topping them up with more.

We planted **runner beans, broad beans, tomatoes** and **sunflowers**; we cannot wait to see them grow and hopeful we will be able to eat some of them too!

We just need a little sunshine and a little watering and then we should start to see them thrive.

Once they are big enough, we are hoping to plant them in our garden. *Roll on springtime!*