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**On Friday 12 July we welcomed Sonia from the Well-Being Team to Woodstock Residential Care Home.**

Sonia spent time with our residents, providing relaxing hand and foot massages, which are so calming and comforting for our ladies and gents.

Our residents love this special one-to-one time with Sonia and they thoroughly enjoyed her company and therapeutic touch.

*Thanks you Sonia - do come back and see us soon!*