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We were excited to host our Sports Day at Woodstock Residential Care Home last week, as the summer is such a great time to get together with lots of fun and laughter.

Our residents enjoyed a day of activities and a little bit of competition, taking part in a **wheelchair race, egg and spoon race, giant football game, darts, badminton** and 'who can keep the hula hoop up the longest'!

These were just some of the games we played; it was so lovely to see the warm and friendly spirit of our **Home**, with everyone coming together as a team.

We all thoroughly enjoyed our Sports Day and all our winners received a **trophy**.

*Well done everyone!*



