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On Friday 6 September, we spent the afternoon with our residents colouring and decorating heart-shaped wind chimes together.

We enjoyed making them really colourful and of course, didn't forget to add a bit of sparkle with lots of glitter!

The finished creations will look and sound lovely hanging in our garden for the autumn season.

Parachute games

On Friday 6 September, our residents from **Woodstock** had fun playing parachute games, seeing how high they could get the ball into the air.

These shared games are a great way to socialise, have fun and exercise the arms and upper body.

