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**On Monday 30 May we celebrated 'Make May Purple' for Stroke Awareness Month at Woodstock Residential Care Home.**

Our staff **dressed up in purple** and we created a **purple photo frame** with purple tissue paper flowers and a **hat to match** – we then took some lovely photos of our residents with them.

As part of the day, we gave out leaflets to our staff and put up posters explaining the importance of '**FAST**' – the acronym FAST (**F**acial drooping, **A**rm weakness, **S**peech difficulties and **T**ime) has been used by the National Stroke Association and others to educate the public on detecting symptoms of a stroke.

We all enjoyed the day and helped to **raise awareness and educate everyone** at the same time.