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On Monday 11 July, a group of our Woodstock Residential Care Home residents took a lovely stroll down to our local park.

They enjoyed **sharing memories** of times spent with their children and grandchildren at the park and it was lovely to see dogs running around and having fun outside.

We enjoyed **admiring the flowers and the neighbours' houses** on the way and even bumped into one of our resident's families in the park and had a lovely chat.

This was such a nice way to stretch our legs and get a bit of fresh air.



