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Our Woodstock Residential Care Home ladies and gents were kindly invited to join Hengist Field's residents for a relaxing coffee morning with sweet treats.

After introducing themselves, they chatted whilst tucking into lovely **handmade cupcakes and cookies**, with teas and coffees. Julie from the Hengist Field Activity Team held a '*True or false?*' quiz for everyone to get involved with, and we all learnt a lot of interesting information.

Before we left, we made sure we all showed off our **singing voices** and sang '*Show Me The Way To Go Home*'.

Thank you so much to the Activity Team at Hengist Field for having us, we all had such a super time and are looking forward to inviting you to Woodstock soon. It's so wonderful to get a chance to build friendships and make new ones across our Nellsar Homes.