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**On Wednesday 26 May, our residents at Woodstock Residential Care Home made delicious smoothie bowls for everyone to try.**

First we cut up **bananas, strawberries and pineapple** into small chunks, then added a mixture of fruits into our blender, along with fruit juice and ice cream for a good blitz!

We made lots of different flavours including *strawberry and banana, pineapple and mango, raspberries and blueberries* and a mixture of all the fruits together. *Delicious combinations!*

To serve them, we poured the smooth concoctions into small bowls and then **decorated them beautifully with chocolate and more fruit** – *they looked amazing!*

Our gorgeous creations were shared with friends and staff at **Woodstock**; such a yummy treat and a great nutritional way to keep us all hydrated.